



Nemo Vista Schools

August 17th – 21st

BREAKFAST is served with 100% Fruit Juice, fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Sausage With Whole Grain Biscuit Or Whole Grain Cereal Graham Crackers	Whole Grain Turkey Sausage Breakfast Pizza Or Whole Grain Cereal Graham Crackers	Whole Grain French Toast Sticks Or Whole Grain Cereal Graham Crackers	Sausage Gravy With Whole Grain Biscuit Or Whole Grain Cereal Graham Crackers	Whole Grain Chocolate Muffin Or Whole Grain Cereal Graham Crackers

LUNCH is served with fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Patty/WG Bun Lettuce/Pickles Tomato Slice Oven Fries Fresh Grapes	Taco Salad Lettuce/Tomatoes Pinto Beans Fresh Salsa Pineapple Tidbits	Pepperoni Pizza Tossed Salad/Ranch Seasoned Corn Apple Wedges	Chicken Nuggets Creamed Potatoes Seasoned Green Beans Whole Wheat Roll Diced Peaches	Hamburger on WG Bun Lettuce/Pickle/Tomato Baked Beans Baby Carrots-w-Ranch Baked Chips Fresh Banana

Menu subject to change due to availability

“USDA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.”



Nemo Vista Schools

August 24th – 28th

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

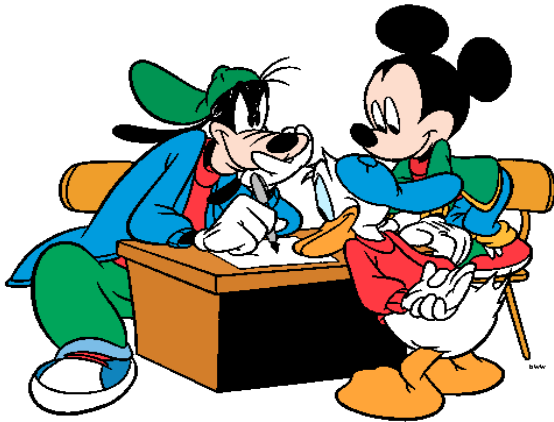
Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Sausage With Whole Grain Biscuit Or Whole Grain Cereal Graham Crackers	Whole Grain Turkey Sausage Breakfast Pizza Or Whole Grain Cereal Graham Crackers	Whole Grain French Toast Sticks Or Whole Grain Cereal Graham Crackers	Yogurt Peach Parfait With Granola Or Whole Grain Cereal Graham Crackers	Whole Grain Chocolate Muffin Or Whole Grain Cereal Graham Crackers

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Breast/WG Bun Lettuce/Pickles Tomato Slice Oven Fries Orange Smiles	Fajita Salad Shredded Lettuce Diced Tomatoes Seasoned Pinto Beans Fresh Salsa Fruit Cocktail	Sausage Pizza Tossed Salad/Ranch Seasoned Corn Fresh Grapes	Chicken Fried Chicken Gravy Creamed Potatoes Seasoned Green Beans Whole Wheat Roll Sliced Pears	Cheeseburger/WG Bun Lettuce/Pickles Tomato Slice Baked Beans Baby Carrots-w-Ranch Baked Chips Fresh Banana

Menu subject to change due to availability

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Nemo Vista Schools

August 31st - September 4th

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Sausage Whole Grain Biscuit Or Whole Grain Cereal Graham Crackers	Whole Grain Turkey Sausage Breakfast Pizza Or Whole Grain Cereal Graham Crackers	Whole Grain French Toast Sticks Or Whole Grain Cereal Graham Crackers	Yogurt Berry Parfait Or Whole Grain Cereal Graham Crackers	Whole Grain Chocolate Muffin Or Whole Grain Cereal Graham Crackers

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chili Dog on WW Bun Baby Carrots-w-Ranch Oven Fries Fresh Grapes	Nacho Supreme Shredded Lettuce Diced Tomatoes Pinto Beans Fresh Salsa Apple Wedges	Mozzarella Cheese Sticks Marinara Sauce Tossed Salad/Ranch Seasoned Corn Pineapple Tidbits	Chicken Strips Creamed Potatoes Seasoned Green Beans Whole Wheat Roll Diced Peaches	Hamburger/WG Bun Lettuce/Pickles Tomato Slice Baked Beans Baked Chips Watermelon

Menu subject to change due to availability

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